



## Blue Water Sportfishing Association Newsletter



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**BOARD OF DIRECTORS MEETING - TUESDAY,  
SEPTEMBER 2, 7:00 AT MCMORRAN**

**GENERAL MEMBERSHIP MEETING - WEDNESDAY,  
SEPTEMBER 10, 7:30 AT MCMORRAN**

### 2003 CAPTAIN OF THE YEAR

#### LATEST STANDINGS AFTER 8/4 TOURNAMENT

1st	FISHIGAN	Dave Rymar	119 pts.
2nd	KING KONG	Tim Cook	101 pts.
3rd	DOGHOUSE	Frank Rotondi	97 pts.
4th	BIG R	Ron Siewersten	92 pts.
5th	IVANHOE	Jay Korneffel	92 pts.
6th	HERE AFTER	Randy Bugaiski	88 pts.
7th	WAVE BREAKER	Dale Phipps	84 pts.
8th	IN THE NET	Joel Anderson	64 pts.
9th	TECH RALLY	Keith Hiebert	56 pts.
10th	NO I.D.	Paul Baker	53 pts.

### FISH STORIES

Attention Club Members – We are looking for images and pictures of your fish stories to place in the newsletter. If you have a great story about a recent fishing trip that you want to brag about, contact Mike Rymar at (586)-215-3972 or at [mrymar@hotmail.com](mailto:mrymar@hotmail.com). We would love to publish your story.

### *Doghouse is For Sale*

26' 1987 Starcraft Islander Hardtop, V6 4.3 Mercruiser, 15HP Mercury kicker motor (long shaft) low hours, 4 - Big Jon Electric Downriggers, Bottomline Tournament HR, Planer boards and reels, and Dual Axle Roller Bed Trailer. Ready to fish! Asking \$16,000. Contact Bill at 810-650-9191.

### ADULT BIG FISH

King Salmon		
1st	Jim Frazer	28 lb 8 oz
2nd	John Decker	7 lb 8 oz
Brown Trout		
1st	Jay Korneffel	12 lb .51 oz
2nd	Al Gaulin	10 lb 7 oz
Steelhead		
1st	Al Gaulin	10 lb .25 oz
2nd	Bob Roskey	6 lb 0 oz
Coho Salmon		
1st	Jay Korneffel	6 lb 6 oz
Lake Trout		
1st	Dr. Rich Cooley	36 lb .55 oz
Atlantic Salmon		
1st	Al Gaulin	3 lb .70 oz
Pink Salmon		
Open		

### JUNIOR BIG FISH

Lake Trout	Billy Ogden	9 lb 6 oz
King Salmon	Open	
Brown Trout	Open	
Steelhead	Open	
Coho Salmon	Open	
Pink Salmon	Open	

*Many thanks to Lloyd Rymar of Vaneolay Vending Company who donated 120 bags of chips for our club picnic.*



## AUGUST 2-3 LUDINGTON CLUB TOURNAMENT

The last tournament of the year for the BWSA was held at Ludington, MI. Several of the crews came up early during the week to do some pre-fishing and hopes of catching a large 30 lb fish.

Thursday evening 5 club boats organized their own fun tournament. Randy Bugaiski ended up winning the event; he had 7 fish and had a couple break his lines. His three weighable fish weighed a total of about 35 pounds.

Friday morning everyone was greeted with heavy rain and not many boats went out until noon. It did not take too long for one of the club boats to pick up a huge fish. Jim Frazier fishing with captain Bill Jackson of Reel Dreams caught a king that probably would have gone over the 30 pounds mark. The fish was officially weighed on Saturday, 27 hours after being out of the water, and it still almost tipped the scale to 29 lbs.

Saturday, the action was quite slow for some reason. Not many adult kings were caught, and most of the catches consisted of smaller kings, an occasional coho or laker, and some really nice steelhead. After day 1, Buster held the lead with about 40 lbs and they had the largest fish at 17 lbs.

Sunday, the king action picked up on day 2. Although the average catch was about 4-6 fish a boat, about a third of the fleet had at least one king going over 20 lbs. Tech Rally (23 lb), Fishigan (23, 24 lb), Here After (24 lb), and Ticked Pink (27 lb) all had fish going over 20 pounds. For what is believed to be the second time in the club's tournament history, Fishigan broke the century mark with a 5 fish one day limit. They weighed-in 100.9 lbs on the second day; the Buster crew did it a few years back at Rockport.

Doghouse, captained by Frank Rotondi, started the second day of fishing in 6th place. They worked with their 2nd day partner all day long and ended up jumping into first place. This was Frank's first BWSA tournament win.

It was thoughtful of those who were on fish to communicate with all who had made the 200+ mile trip. Fishing was on the tough side most of the time, but everyone that made the trip had a great time at the marina and picnic during non-fishing hours.

Place	Boat	Captain/Angler	Weight
1st (\$100)	Doghouse	Frank Rotondi	183.6 lbs.
2nd (\$50)	Fishigan	Dave Rymar	169.6 lbs.
3rd (\$30)	Buster	Denny Ouellette	110.0 lbs.
4th	Toy Box	Paul Decker	106.7 lbs.
5th	Tech Rally	Keith Hieber	99.1 lbs.
6th	Here After	Randy Bugaiski	83.2 lbs.
7th	Kids Fishin	Dan Owens	78.8 lbs.
8th	Ticked Pink	Eric Hutchinson	69.9 lbs.
9th	Reel Dreams	Bill Jackson	62.9 lbs.
10th	King Kong	Tim Cook	59.6 lbs.

### Big Fish

(\$50) Ticked Pink Eric Hutchinson 27.1 lbs King

**Total Boats – 14      Total Anglers – 35 adults, 12 youths**

**Total # of Fish Weighed-In – 72**

**Picnic – Dave Rymar**



*1st place Sunday*



*2nd place Sunday*



## LUDINGTON CLUB TOURNAMENT



*27 lb. Tournament Big Fish*



*Jim's King on Friday*



*Club's Saturday Evening Catch*

## GREAT CLUB PICNIC

Our annual club picnic was another great success! The weather was great and we had an estimated 150 club members attending the event. There was an assortment of grilled salmon and trout; a fish boil with carrots, onions, and red skinned potatoes; baked beans, relishes, salads, and desserts. A special thanks goes out to Frank Rotondi, the organizer of the picnic. Frank works there at the event all day and makes several phone calls to get fish donations and to ask for volunteer help. A big thank you to all the members who helped out with the picnic: *Archey & Dee Campbell; Lee Dessert; Rinie & Doreen Hrdlovich; Bob, Karen Roskey and Family; Bill, Rhonda Ogden & Son; Rob Helzer; Al Sass; Rose & Frank Biessel; Paul Zimmer; Norm Heinrich; Paula & Sandy Hillman; Bill Lill and James Pitlosh.*



*Bill, Bob, Rob, & Paul at the Grill*



*Dinner is Served*



*Thank You Volunteers*



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## **EATING FISH CUTS RISK OF ALZHEIMER DISEASE**

Finally, scientific evidence that going fishing helps to keep us from going crazy! We already knew fishing preserves our sanity, but retirees should take note. Researchers found that people 65 and older who had fish once a week had a 60% lower risk of Alzheimer's than those who never or rarely ate fish.

A total of 815 residents, aged 65 to 94 years, who were initially unaffected by Alzheimer disease and completed a dietary questionnaire on average 2.3 years before clinical evaluation of incident disease were involved in the study.

The study results showed a total of 131 sample participants developed Alzheimer disease. Participants who consumed fish once per week or more had 60% less risk of Alzheimer disease compared with those who rarely or never ate fish (relative risk,

0.4; 95% confidence interval, 0.2-0.9) in a model adjusted for age and other risk factors.

Total intake of n-3 polyunsaturated fatty acids was associated with reduced risk of Alzheimer disease, as was intake of docosahexaenoic acid (22:6n-3). Eicosapentaenoic acid (20:5n-3) was not associated with Alzheimer disease. The associations remained unchanged with additional adjustment for intakes of other dietary fats and of vitamin E and for cardiovascular conditions.

The conclusion is dietary intake of n-3 fatty acids and weekly consumption of fish may reduce the risk of incident Alzheimer disease.

*Courtesy: American Medical Association, Archives of Neurology*

## **DNR SEEKS PUBLIC INPUT ON NATURAL RIVERS PROPOSAL**

August 12, 2003

State conservation officials today announced the public availability of proposals to protect two Michigan rivers, and invited the public to review and comment on the measures.

The proposals would designate portions of the Pine and Upper Manistee rivers under Michigan's Natural Rivers Program. The program was developed to preserve, protect and enhance Michigan's finest river systems for the use and enjoyment of current and future generations by allowing property owners their right to reasonable development, while protecting Michigan's unique river resources.

Michigan is home to more than 36,000 miles of rivers and streams, including 12,000 miles of coldwater trout streams and 1,000 miles of blue-ribbon trout streams. Nearly 1,700 miles of rivers throughout Michigan are now designated Natural Rivers.

Each Natural Rivers designation is an individually-tailored plan, written to address local needs and reflect local and statewide input. The DNR has held more than a dozen public hearings statewide in the past two years, receiving more than 1,000 public comments. The plans will be discussed at the Aug. 14-15 Natural Resources Commission meeting in Lansing.

"Our rivers are enjoyed by diverse user groups throughout the state," said DNR Director K.L. Cool. "The process of designating Natural Rivers is specifically designed to maximize public input, and I encourage everyone to share their thoughts and concerns as we review the proposals to protect the Pine and Upper Manistee rivers."

For more information on the Natural Rivers program or specific proposals, call program manager Steve Sutton at 517-241-9049.

*MI DNR Press Release*